Superheroes Are All Around



Honoring the **Bulgarians Rising to** Dr. King's Challenge



States, we celebrated the birthday of Dr. Martin Luther King Jr. I am reminded of his quote, "Whatever your life's work is, do it well. A man should do his job so well that the living, the dead, and the unborn could do it no better."

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Superheroes and **Bulgarian Knights**

On Everyday



was already in reruns by the

time I watched it, but it completely captivated me. What a rich fantasy for a young child. I used to run around the neighborhood wearing my winter boots with a towel draped around my neck as a cape.

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Born of Necessity (& Love of Bacteria)

Great Science Is



Rositsa to be resourceful.

She learned to solve problems creatively. When she was seven, her dad taught her to ride his motorcycle. She was too short to get on and off, yet she didn't want to wait for her size to catch up with her...

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they put on is disposable. They are of few words, and their (often wry) sense of humor bewilders most ordinary humans. In other respects, they are just like us: They are superstitious, which is

why they'll wear a lucky charm or a favorite piece of clothing for difficult surgeries. **READ MORE**

Unlike the superhumans of Hollywood, these superheroes don't wear fancy attire. Most of what

Six Superstories





Using Your Power for Good

How to Change

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Education... with a

Nintendo Gamepad



ADULTS 3AБPAHEHO 3A FORBIDDEN BЪ3PACTHN





ACS Campus Center

Wins Green Building of

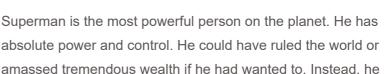
the Year

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Great Responsibility Superman is the most powerful person on the planet. He has

planet.

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11.



northern Bulgarian city's modern history.

Save the Date

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21 APR Sofia

22 JAN

Sofia



Superman's Lesson: Great Power &

chose to use his power to defend the weak and protect the

A celebrated twentieth-century historian called him "the person



What lies thousands of feet beneath the sea surface? The Black Sea is considered to be one

Shop with a Cause at the "Little

Means a Lot" Bazaar

16 FEB

Sofia

17 FEB

17 FEB



 ○ Social Entrepreneurship Meet the people whose businesses help others at the fourth edition of the Bazaar of Social Enterprises. ...

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 Concert ABLE MENTOR in partnership with I Can Too

are hosting a rock, pop & funk concert. RockIT

Rock Concert with a Cause

To go to the ABF event calendar, **click here.**

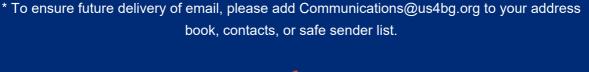
Where We Started, and Where We Are Going

In 2019, the America for **Bulgaria Foundation** turns ten, and we also mark the thirtieth anniversary of the changes that brought about the end of the Cold War and began the ABF story. This is an opportune time to take a look back at our origins while sharing our vision for the future.

Let's Stay in Touch...

Watch the Video







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